13. A head garment as claimed in claim 18, wherein said head garment is constructed from an upper panel means and a lower panel means forming a pocket for the wearer's nose, upper and lower meaning with respect to their position on the wearer's head.

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Add the following new claims:

18. A flexible cold-weather breathing apparatus for a human wearer's head when exposed to cold outside air in the outside environment, wherein the face of the wearer has openings for eyes, nose, and mouth, comprising:

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a) a head garment adapted to fit over the wearer's head and covering the wearer's face and having face-protective portions covering the wearer's face regions surrounding the wearer's mouth and nose, the face-protective portions including a first opening positioned over the mouth opening of the wearer and a second opening positioned under the nose opening of the wearer,

b) a mouth-channel-forming member mounted on the head garment and having an outer solid surface extending over the wearer's mouth and nose and, between the outer solid surface and the face-protective portions, the mouth-channel-forming member having a first opening aligned with the head garment's first opening and a second opening spaced from and separate from the first opening and aligned with the head garment's second opening, the mouth-channel-forming member being positioned such that the wearer's mouth and nose are directly shielded by the outer solid surface from the outside air, the mouth-channel-forming member having third or fourth inlet-outlet openings laterally spaced from the mouth-channel-forming member's first and second openings and positioned to direct air away from and sideways with respect to the wearer's mouth and nose, said mouth-channel-forming member being configured to form a mouth channel for directing the wearer's exhaled air after passage through the head garment's first and second openings through the mouth channel to the mouth-channel-forming member's third or fourth inlet-outlet openings and together with the face-protective portions to minimize any moisture present in the exhaled air from the mouth or nose condensing against the wearer's face,

c) a nose-channel-forming member integral with the head garment and attached to the mouth-channel-forming-member and having a first opening aligned with the mouth-channel-forming member's second opening and at least a second inlet-outlet opening aligned with the

mouth-channel-forming member's third or fourth openings, the nose-channel-forming member forming a nose channel for passage of exhaled air from the nose to the nose-channel-forming member's second or third inlet-outlet openings.

19. A flexible cold-weather breathing apparatus as claimed in claim 18, wherein the nose channel's second or third inlet-outlet openings are located within the mouth channel such that the exhaled air from the wearer's nose flows at least in part through the mouth channel adjacent its third or fourth inlet-outlet openings.

20. A flexible cold-weather breathing apparatus as claimed in claim 18, in combination with eye goggles, the head garment being principally of cloth, the eye goggles being mounted on the wearer's head and over the wearer's eyes and the head garment and being sufficiently tight to assist in maintaining the cloth head garment over the wearer's head pressed against the wearer's nose.

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21. A flexible cold-weather breathing apparatus as claimed in claim 18, wherein the mouth-channel-forming member comprises a fourth inlet-outlet opening, the nose channel's second inlet-outlet opening is aligned with the mouth-channel-forming member's third opening and the nose-channel-forming member comprises a third inlet-outlet opening aligned with the mouth-channel-forming member's fourth opening, the nose-channel-forming member thereby forming a nose channel for passage of exhaled air from the nose to the nose-channel-forming member's second and third inlet-outlet openings.

22. A flexible cold-weather breathing apparatus as claimed in claim 18, wherein the mouth-channel-forming member comprises a fourth inlet-outlet opening, the nose channel's second inlet-outlet opening is aligned with the mouth-channel-forming member's third opening, the nose-channel-forming member thereby forming a nose channel for passage of exhaled air from the nose to the nose-channel-forming member's second inlet-outlet opening.

23. A flexible cold-weather breathing apparatus as claimed in claim 18, wherein the mouth-channel-forming member is configured such that the exhaled air from the mouth-channel-forming member's third or fourth inlet-outlet openings direct the exhaled air in a generally downward direction with respect to the wearer's nose.

24. A flexible cold-weather breathing apparatus as claimed in claim 18, wherein the

mouth-channel-forming member comprises a fourth inlet-outlet opening, means deflecting the exhaled air from the nose to the mouth-channel-forming member's third and fourth openings such as to divert cold outside air from flowing directly through the mouth-channel-forming member's third and fourth openings to the nose channel.

25. A flexible cold-weather breathing apparatus for a human wearer's head when exposed to cold outside air in the outside environment, wherein the face of the wearer has openings for eyes, nose, and mouth, comprising:

a) a head garment adapted to fit over the wearer's head and covering the wearer's face and having face-protective portions covering the wearer's face regions surrounding the wearer's mouth and nose, the face-protective portions including a first opening positioned over the mouth opening of the wearer and a second opening positioned under the nose opening of the wearer,

b) a mouth- and nose-channel-forming member mounted on the head garment and having an outer solid surface extending over the wearer's mouth and nose and, between the outer solid surface and the face-protective portions, the mouth- and nose-channel-forming member having a first opening aligned with the head garment's first opening and a second opening spaced from and separate from the first opening and aligned with the head garment's second opening, the mouth- and nose-channel-forming member being positioned such that the wearer's mouth and nose are directly shielded by the outer solid surface from the outside air, the mouth- and nose-channel-forming member having third and fourth inlet-outlet openings laterally spaced from the mouth- and nose-channel-forming member's first and second openings and positioned to direct air away from and sideways with respect to the wearer's mouth and nose, said mouth- and nose-channel-forming member being configured to form a mouth channel for directing the wearer's exhaled mouth air after passage through the head garment's first opening through the mouth channel to the mouth-channel-forming member's third and fourth inlet-outlet openings and to form a separate nose channel for directing the wearer's exhaled nose air after passage through the head garment's second opening through the nose channel to the mouth- and nose-channel-forming member's third and fourth inlet-outlet openings, the air flow from the nose channel avoiding the wearer's mouth such that the mouth- and nose-channel-forming member together with the face-protective portions minimize any moisture present in the exhaled air from the mouth or nose